- a) a flexible, trimmable pad having top and bottom surfaces;
- b) an adhesive material on said top surface for removably securing said pad to a body part;
- c) a decoration to be applied to said bottom surface; and
- d) a removable layer covering said adhesive material.

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- 2. A method of decorating and protecting a body part comprising the steps of:
 - a) furnishing a flexible pad having a top and bottom surface;
 - b) providing an adhesive on said top surface and a peelable film to preserve said adhesive until used;
 - providing decoration selected from at least one of the group comprising color, pattern, graphic design, text, advertising, relief design, and texture;
 - d) trimming said pad to a desired shape to apply to at least one body part selected from the group comprising feet, hands, knees, and elbows, and parts thereof;
 - e) peeling said film from said adhesive and applying said pad to a selected body part.

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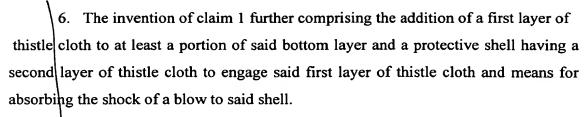
- 3. The invention of claim 1 further comprising a reusable adhesive.
- 4. The invention of claim 1 further comprising pre-formed, cupped pads for at least one of toes, knees, elbows, and animal pads.
- 5. The invention of claim 1 further comprising material selected from cushioning, magnetic material, and gel disposed in said pad between said top and bottom surfaces.

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- 7. The invention of claim 1 further comprising means for adapting said pad to apply to the feet of animal pets.
- 8. The invention of claim 2 further comprising a reusable adhesive.
 - 9. The invention of claim 2 further comprising pre-formed, cupped pads for at least one of toes, knees, elbows and animal pads.
 - The invention of claim 2 further comprising material selected from cushioning, magnetic material, and gel disposed in said pad between said top and bottom surfaces.
- 11. The invention of claim 2 further comprising the addition of a first layer of thistle cloth to at least a portion of said bottom layer and a protective shell having a second layer of thistle cloth to engage said first layer of thistle cloth and means for absorbing the shock of a blow to said shell.
 - 12. The invention of claim 2 further comprising means for adapting said pad to apply to the feet of animal pets.

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